



MOTHERS NETWORK
TE AKA HAUMI ŪKAIPŌ
BY MUMS, FOR MUMS, ABOUT MUMS

**MOTHERS
ARE DOING
IT FOR
THEMSELVES**

By mums, For mums, About mums

It's time to talk about you for a change. Our *discussion groups* run throughout Wellington. They focus on you and the topics you care about. They are run by facilitators, have babysitters when needed, and a much appreciated cup of coffee.

Mothers Network
supports mums in
getting the best from
the motherhood
experience

Our *online communities, newsletters and events* help you keep in touch with other mums in your local area.

For more information please visit online or call.
www.mothersnetwork.org.nz or 04 383 825

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